

**SYLLABUS**

**INTRODUCTION TO PSYCHOLOGY  
PSYC 1810**

**2008**

Prepared by the Nebraska Transfer Initiative

Group Leader



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## **I. CATALOG DESCRIPTION**

PSYC 1810/1020/1050

Introduction to Psychology

Prerequisite: None

Catalog Description: An introduction to the science of psychology including the application of critical thinking to the study of learning theory, memory, personality, growth and development, biological and neurological aspects, abnormal behavior, therapies, intelligence, motivation, emotion, sensation, perception, and theoretical perspectives.

3.0 semester hours

Contact hours per semester: 45

## **II. COURSE OBJECTIVES/COMPETENCIES**

After the successful completion of this course, the student will be able to demonstrate understanding of the principles of psychology.

## **III. INSTRUCTIONAL MATERIALS**

Suggested Required Texts: (The final selection of one of the following textbooks is at the discretion of the instructor.)

Mastering the World of Psychology, Wood, Wood, & Boyd

Essentials of Psychology, Bernstein & Nash

Discovering Psychology, Hockenbury & Hockenbury

Essentials of Understanding Psychology, Feldman

Psychology, Rathus

Psychology, the Context of Behavior, Santrock

Psychology: An Introduction and Study Guide, Lahey

Psychology, Sdorow & Rickabaugh

Essentials of Psychology, Baron

Essentials of Psychology Concepts & Applications, Nevid

Psychology, Modules for Active Learning, Coon, Dennis

## **IV. COURSE OUTLINE**

A. Learning Theory

B. Memory

C. Personality

D. Growth and Development

E. Biological and Neurological Aspects

F. Abnormal Behavior & Therapies

G. Intelligence

H. Motivation

I. Emotion

J. Sensation and Perception

K. Theoretical Perspectives

L. Research Methods

- M. Optional Topics:
  - a. States of Consciousness
  - b. Health and Stress
  - c. Social Psychology

**V. SPECIFIC COURSE REQUIREMENTS**

Content and schedule determined by instructor.

**VI. METHODS OF PRESENTATION**

Instructors should make use of varied pedagogical techniques including several of the following: lectures, small and large discussion groups, collaborative projects, research, essays, computer-assisted instruction, web-based instruction, multimedia and field trips.

**VII. METHODS OF EVALUATION**

Course grades, at the determination of the instructor, will be based on class and group participation, daily work, exams, presentations, projects, papers, and/or a portfolio. The instructor will distribute and discuss evaluation and her/his grading policies with students at the beginning of each term.